

Wellbeing and Health Scrutiny Board 16 September 2015

Update from Surrey's Health and Wellbeing Board

Purpose of the report: Scrutiny of Services and Budgets

To update the Scrutiny Board on the continued development and work of Surrey's Health and Wellbeing Board.

1. Introduction

- 1.1 The Health and Social Care Act 2012 introduced a new role for local authorities in the co-ordination, commissioning and oversight of health and social care, public health and health improvement. The Act was effective from 1 April 2013.
- 1.2 This report focuses on the progress of the Surrey Health and Wellbeing Board which the Health and Social Care Act 2012 introduced as a committee of all upper tier local authorities from April 2013 with the intention for the Board to be a forum for collaborative local leadership in the area with three main functions:
 - a) To assess the needs of the local population and prepare a joint strategic needs assessment;
 - b) To prepare a joint health and wellbeing strategy as the overarching framework within which commissioning plans are developed for health services, social care, public health, and other relevant services; and
 - c) To promote greater integration and partnership, including joint commissioning, integrated provision, and pooled budgets where appropriate.
- 1.3 This report provides highlights of the progress and work done over the last 12 months, focused on the Board's three main statutory duties (assessing local needs; developing a joint strategy; and encouraging and promoting integration). An overview of the Health and Wellbeing functions and governance arrangements can be seen in Annexe A.

2. Context

- 2.1 The Surrey Health and Wellbeing Board has been in place formally since April 2013 having been established in shadow form in April 2012.
- 2.2 The Board is a place for the NHS, Public Health, children's and adult social care, local councillors, Police and service user representatives to work together to improve the health and wellbeing of the people of Surrey. It is jointly chaired between the Cabinet Member for Wellbeing and Health at Surrey County Council and a Clinical Commissioning Group (CCG) Clinical Chair representative (the CCG chair rotates annually).
- 2.3 As the Board's role is to provide collaborative strategic systems leadership, it does not hold a budget and does not directly commission services.
- 2.4 The Surrey Joint Health and Wellbeing Strategy is closely aligned to the council corporate strategy, in particular the Wellbeing priority.

3. Board duty: to assess the needs of the local population

3.1 The Board has a duty to assess the needs of the local population and to prepare a **Joint Strategic**Needs Assessment¹ (JSNA).



3.2 The JSNA is a knowledge resource focused on the current and future health and well-being needs of the local population, used to underpin the effective commissioning of health services.



- 3.3 Surrey has had a JSNA for seven years and in 2011 moved from a 'paper-based' JSNA to hosting the JSNA on Surrey-i, Surrey's local information system. Hosting it on Surrey-i provides a live, interactive, web based platform allowing flexibility and easy access to up to date data.
- 3.4 Over the course of the last 12 months the JSNA has been used across the partnership to inform and underpin commissioning plans and by the Health and Wellbeing Board to inform it's discussions around, for example, the Better Care Fund planning and action plans being implemented related to the Board's priorities.
- 3.5 In 2014, a review of the Surrey JSNA was undertaken to understand how effective the JSNA is and identify improvements to ensure it continues to meet the needs of partners. Action has been taken following the review including:
 - revising the chapter 'template' providing clearer, shorter and more user friendly chapters, ensuring plain English is used throughout;

Page 2 of 13

Page 106

¹ http://www.surreyi.gov.uk/grouppage.aspx?groupid=36

- improved consistency with guidance for authors on producing standardised charts and tables:
- increased use of infographics to ensure evidence is presented in an accessible format (supported by in-house training on how to produce these); and
- ensuring evidence supporting chapters remains current by updating the data held on Surreyi as soon as it is available and highlighting new evidence in an updates section.
- 3.6 Work will continue over the coming months to promote the use of the JSNA by:
 - continuing to improve the quality, accessibility and relevance of the evidence presented;
 - refreshing the current list of chapters to ensure they are the most relevant to the residents of Surrey and the organisations commissioning and providing services; and
 - producing an overarching executive summary of all chapters.
- 3.7 The Board also has a statutory responsibility for developing and updating the **Pharmaceutical Needs Assessment** (PNA) for Surrey – this provides a statement of need for pharmaceutical services for the population of Surrey.
- 3.8 Surrey has had a PNA in place since 2011 (initially produced by NHS Surrey) following a 'light-touch' review in 2013/14, the Health and Wellbeing Board approved and published a fully refreshed Pharmaceutical Needs Assessment for Surrey² in March 2015. This PNA is used by NHS England to inform their decision making for pharmacy applications.
- 4. Board duty: To prepare a <u>Joint Health and Wellbeing Strategy for Surrey</u>³
- 4.1 Surrey's Joint Health and Wellbeing Strategy was published in 2013 and outlines five priorities for improving health and wellbeing in Surrey. Each priority has a joint strategy and action plan with progress on these presented to the board bi-annually.

Surrey's Joint Health and Wellbeing Strategy

"Through mutual trust, strong leadership, and shared values, we will incrove the health and wellbeing of leaver people"

4.2 Each year the Board holds a workshop to review overall progress against its priorities and to agree areas for it to focus on over the coming 12-18 months.

Health and Wellbeing

4.3 Annex B sets out a short summary relating to each of the Board's priorities with links (where appropriate) to the latest, more detailed updates that have been presented to the Board.

Page 3 of 13

² https://www.surreyi.gov.uk/ViewPage1.aspx?C=Resource&ResourceID=1552

³ http://www.healthysurrey.org.uk/assets/documents/health-wb-board-joint-strate

5. Board duty: To encourage integrated working

- 5.1 A key integration and partnership achievement of the Board has been the sign off of the <u>Better Care Fund Plan</u>⁴. The Better Care Fund (BCF) is a national programme which creates a local single pooled budget to support and enable closer working between the NHS and local government. It is designed to:
 - a. Improve outcomes for people.
 - b. Drive closer integration between health and social care.
 - c. Increase investment in preventative services in primary care, community health and social care.
 - d. Support the strategic shift from acute to community and to protect social care services.
- 5.2 In Surrey, the Better Care Fund involves pooling £71.4m of existing budgets in 2015/16, which will enable people to stay well, be supported at home where appropriate and enable people to return home sooner from hospital.
- 5.3 SCC and Surrey's six main CCGs have agreed a governance framework to support the implementation of the BCF this describes the arrangements that have been established to ensure proper and effective management of the plans and funds.
- 5.4 Whilst the Surrey Health and Wellbeing Board is responsible for signing off the plan, the Council and each of the CCGs' Governing Bodies retain their statutory responsibilities for the use of resources and delivery of services.
- 5.5 The Surrey Better Care Board was established in 2014 to oversee and drive forward the work of the BCF on behalf of the Health and Wellbeing Board. Progress of BCF is reported bi-annually to the Health and Wellbeing Board. The <u>latest update</u> on the BCF given to the Health and Wellbeing Board provides a more detailed position statement along with the most recent quarterly returns to NHS England.
- 5.6 The BCF is also scrutinised by the Social Care Services Board and the Wellbeing Health Scrutiny Board independently of the Health and Wellbeing Board. A Surrey County Council internal audit of the BCF is currently in progress.
- 5.7 Key achievements of the BCF to date include:
 - £14.4 million has been contributed to the pooled fund to date (Sept 2015) (including all of the first quarter's contribution).
 - Surrey is above target for dementia diagnosis, delayed transfers of care, patient experience.

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⁴ http://www.healthysurrey.org.uk/assets/other/better-care-fund-plan

- A model for an integrated equipment and adaptations service was endorsed by the Better Care Board.
- Joint generic job descriptions developed for usage throughout Surrey.
- Commitment to share information ratified by health and social care Chief Executives.

5.8 Strategic conversations:

- The Board has provided a valuable forum for strategic conversations to take place which have enabled integrated working. Joint strategies and plans have been produced for all priorities and are being used to inform commissioning of services.
- Annually partner organisations present their <u>commissioning</u> <u>intentions</u>⁵ and outline how they align to the Joint Health and Wellbeing Strategy.

6. Other Board activity:

- 6.1 Monthly <u>public updates</u>⁶ summarising the board meetings are produced and published online.
- 6.2 The <u>Healthy Surrey website</u>⁷ is a dedicated site to provide residents and stakeholders with health information in Surrey. From June 2014 to May 2015 received 227,255 views, with the Health Checks and the Stop Smoking pages being the most popular.
- 6.3 An internal audit was undertaken of the Health and Wellbeing Board 2014/15 and the overall audit opinion was *'effective'*. Within this audit, the Auditor undertook the following assurance work:
 - A review of the Terms of Reference and the work plan of the Health and Wellbeing Board to ensure compliance with the relevant section of the Health and Social Care Act 2012 (Chapter 7, Part 5, Chapter 2 Local Government); and
 - Consideration of the effectiveness of the Board's role in encouraging joint commissioning and integrating services across healthcare, social care and public health to deliver the priorities as set out in the Health and Wellbeing Strategy.

7. Surrey's Health and Wellbeing Board – next steps

- 7.1 The October 2015 informal Health and Wellbeing Board meeting will focus on forward planning using the needs identified in the JSNA to inform future strategic commissioning plans.
- 7.2 Progress updates on each of the priorities will be presented to the Board twice a year, with the Adults and Children's Safeguarding Boards Annual Reports to be presented at the December 2015 meeting.

⁵ http://mycouncil.surreycc.gov.uk/ieListDocuments.aspx?CId=328&MId=3603&Ver=4

⁶ http://www.healthysurrey.org.uk/about-us/surrey-health-and-wellbeing-bo-3/

⁷ http://www.healthysurrey.org.uk/

7.3 An outcomes framework will be developed to enable to the Board to monitor progress more effectively.

8. Conclusions:

- 8.1 In the last year, the Board has made significant progress. There is a real understanding of the health and wellbeing needs and the actions required to make positive changes to address these needs. Plans for each of the priorities outlined in Surrey's Joint Health and Wellbeing Strategy have been implemented with some excellent outcomes for Surrey residents.
- 8.2 A genuine partnership approach to implementing Surrey's Joint Health and Wellbeing Strategy has resulted in strong and maturing relationships between Board members and a culture of trust and respect which has enabled the Board to have healthy, challenging discussions and debates around key issues.
- 8.3 The Better Care Fund has seen considerable developments in integrating health and social care with the pooling of £71.2m of resources.
- 8.4 Strong foundations have been laid which make the Board well placed to tackle the big challenges which will need to be overcome over the coming months and years to continue to improve health and wellbeing across Surrey.

9. Recommendations:

- 9.1 The Health Overview and Scrutiny Committee is asked to:
 - note the progress made in developing Surrey's Health and Wellbeing Board and the implementation of Surrey's Joint Health and Wellbeing Strategy; and
 - use the monthly updates from the Health and Wellbeing Board to help keep up-to-date with progress.

Next steps:

As described in section 7 above.

Report contact: Victoria Heald, Health & Wellbeing Programme Manager, Policy and Performance, Chief Executive's Office

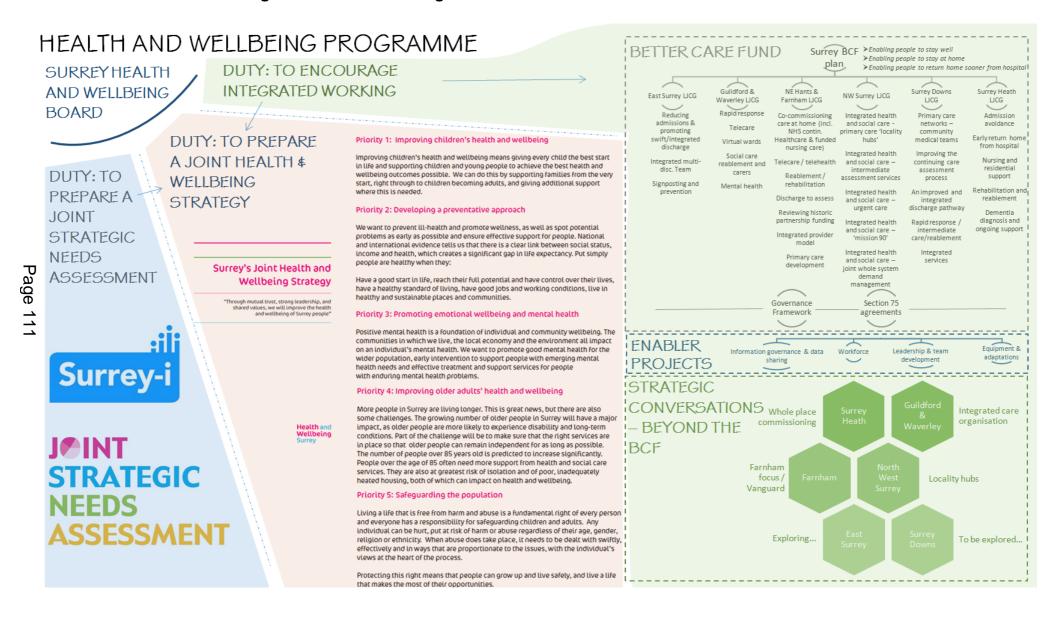
Contact details: 020 8541 7492 / victoria.heald@surreycc.gov.uk

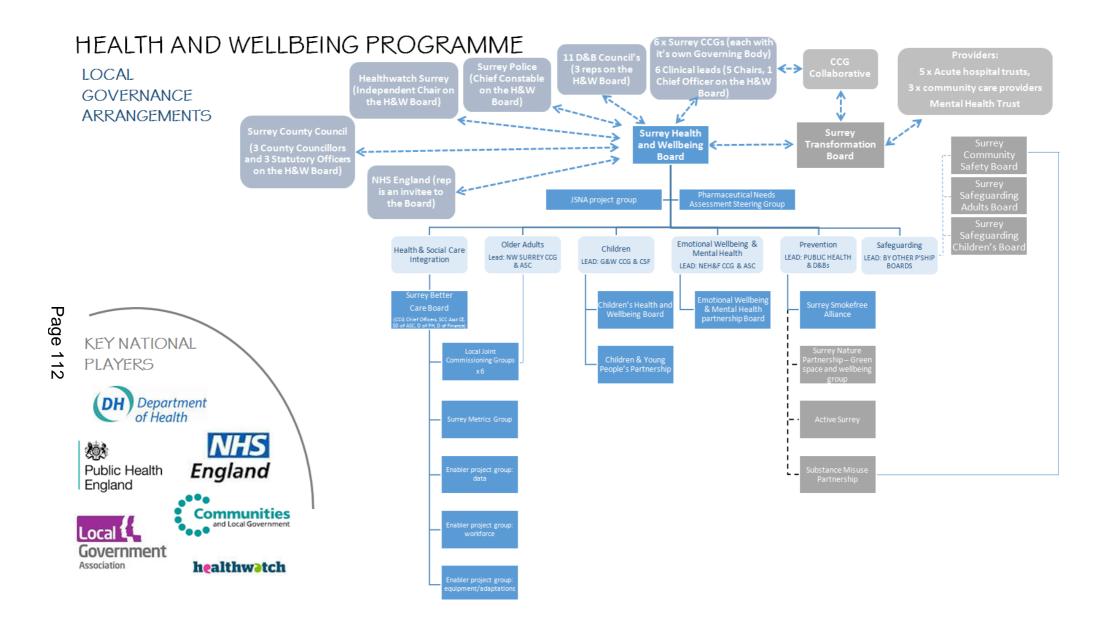
Sources/background papers:

Annexe A – Health and Wellbeing Board functions and governance

Annexe B – Surrey Joint Health and Wellbeing Strategy priority summaries

Annexe A - Health and Wellbeing Board functions and governance





Annexe B - Surrey Joint Health and Wellbeing Strategy priority summaries

Improving children's health and wellbeing

Summary (from the Health & Wellbeing Strategy)

Improving children's health and wellbeing means giving every child the best start in life and supporting children and young people to achieve the best health and wellbeing outcomes possible. We can do this by supporting families from the very start, right through to children becoming adults, and giving additional support where this is needed.

What has been done?

The Board agreed an action plan under six themes:

- Early help and Targeted Prevention
- Healthy behaviours and Universal Prevention
- > SEND
- Emotional wellbeing and mental health
- Safeguarding
- Shared Insight

The implementation of this action plan is led by the Surrey Children and Young People's (CYP) Partnership and the Surrey Children's Health and Wellbeing Group.

The development of the CYP Improvement Plan is closely aligned to this priority. See the <u>latest update</u>⁸ for more details.

We get this right we hope to see the following outcomes:

More babies will be born healthy.

- Children and young people with complex needs will have a good, 'joined up' experience of care and support.
- ✓ More families, children and young people will have healthy behaviours.
- Health outcomes for looked after children and care leavers will improve.
- ✓ More children and young people will be emotionally healthy and resilient.

Highlights of the progress that has been made?

- ➤ A total of 1315 children and young people have been supported by an Early Help Assessment in 2014/15 which is an increase on the previous year.
- ➤ 100 people attended a consultation to inform the development of a breastfeeding strategy.
- > Awarded £729,000 from the Social Innovation Fund
- 200 schools have trained staff to spot signs of mental ill-health and to provide earlier access to advice and support.
- ➤ The "Talk to Us" campaign ran from Nov 2014 Feb 2015 supporting 16 22 year olds to recognise and report domestic abuse.

Link to the more detailed, <u>latest update</u>8.

Case study – what has the Board done better together?

In early 2015 partners from across the Health and Wellbeing Board came together at an event that focussed on tackling child obesity in Surrey.

This event looked to address the priority's ambitions around early help, including healthy behaviours, and identify how partners could work together to reduce child obesity.

In attendance were representatives from children's centres, the district and borough councils, the NHS and the County Council's Public Health team.

The event included a workshop that looked at how services were delivered at a district and borough level, in order to identify strengths, gaps and challenges.

This meant that different local services were able to share how they worked and how they could work better together in the future.

The individual groups identified some immediate actions as well as longer term ones. Some examples of these were:

- Improved awareness of local sources for information and events
- > Better promotion of different partners' activities
- Potential to develop peer mentoring, so that older children are encouraging younger children to eat healthily
- ➤ Identification of communities and groups that need more support to reduce child obesity.

Page 9 of 13

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⁸ http://mycouncil.surreycc.gov.uk/ieListDocuments.aspx?CId=328&MId=3603&Ver=4

Developing a preventative approach

Summary (from the Health & Wellbeing Strategy)

We want to prevent ill-health and promote wellness, as well as spot potential problems as early as possible and ensure effective support for people. National and international evidence tells us that there is a clear link between social status, income and health, which creates a significant gap in life expectancy. Put simply people are healthy when they:
Have a good start in life, reach their full potential and have control over their lives, have a healthy standard of living, have good jobs and working conditions, live in healthy and sustainable places and mmunities.

What has been done?

The Board agreed an action plan under six themes:

- Alcohol prevention
- > Tobacco control
- Health checks
- Physical activity and diet
- Sexual health
- Mental health

The implementation of this action plan is being led by the Director of Public Health.

Pwe get this right we hope to see the lowing outcomes:

- The gap in life expectancy across Surrey will narrow.
- ✓ More people (people means all people in this strategy – children and adults) will be physically active.
- ✓ More people will be a healthy weight.
- ✓ The current increase in people being admitted to hospital due to drinking alcohol will slow.
- ✓ There will be fewer avoidable winter deaths.

Highlights of the progress that has been made?

- All six Surrey Clinical Commissioning Groups (CCGs) have produced local prevention plans.
- Borough and district councils in Surrey have produced health and wellbeing plans that in many areas are aligned to the local CCG prevention plans.
- Surrey Physical Activity Strategy was approved by the Board and launched in June 2015.
- Over 100 partners from across the Health and Wellbeing Board came together at an event that focussed on tackling childhood obesity.
- ➤ A total of 16, 799 health checks delivered to Surrey residents aged between 40 – 74 years of age in 2014/15.

Link to the more detailed, <u>latest update</u>⁹.

Case study – what has the Board done better together?

Through the Health and Wellbeing Board, Surrey County Council's Public Health team and the CCGs have worked to develop prevention plans for each of the CCG areas.

Each plan focuses on the demography, need and local priorities of both the CCG and the district and borough councils.

They were then incorporated into local strategic and operational plans, with a set of defined preventative actions and agreed indicators.

These actions range from:

- asking GPs to consider how they refer patients and treat the key factors that can influence better health outcomes, for instance offering brief advice and/or referring people to exercise on referral, healthy eating or specialist alcohol misuse services or other health improvement services where required;
- > staff training on particular topics, like domestic abuse: and
- greater public awareness through campaigns, for example 'Stoptober', the NHS campaign to encourage people to stop smoking and Dry January where our residents are encouraged to drink within safe limits for their health.

The Health and Wellbeing Board will measure the impact of these actions against the five outcomes, to ensure that people are leading healthier lives and that health inequalities are being reduced through partnership working across Surrey.

Page 10 of 13

⁹ http://mycouncil.surreycc.gov.uk/ieListDocuments.aspx?CId=328&MId=3601&Ver=4

Promoting emotional wellbeing and mental health

Summary (from the Health & Wellbeing Strategy)

Positive mental health is a foundation of individual and community wellbeing. The communities in which we live, the local economy and the environment all impact on an individual's mental health. We want to promote good mental health for the wider population, early intervention to support people with emerging mental health needs and effective treatment and support services for people with enduring mental health Roblems.

If we get this right we hope to see the following outcomes:

- ✓ More people will have good mental health.
- ✓ More people with mental health problems will recover.
- More people with mental health problems will have good physical health.
- ✓ More people will have a positive experience of care and support.
- ✓ Fewer people will experience stigma and discrimination.

What has been done?

The Board approved the emotional wellbeing and adult mental health strategy in October 2014 with five priority areas:

- > Promotion, prevention and early intervention
- Working better together
- > Partnerships with service users, carers and families
- > Effective crisis care
- Making recovery real

The action plan to deliver this strategy was approved by the Board and its implementation is being led by the NHS Associate Director Commissioning Adult Mental Health & Learning Disability.

Highlights of the progress that has been made?

- ➤ 1600 residents have been reached by the "Time to Change" anti-stigma project through Mental Health Ambassadors from July 2014 to March 2015.
- A Surrey suicide prevention plan has been developed.
- Surrey Mental Health Crisis Concordat declaration and action plan signed by all agencies and commended by Rt Hon Norman Lamb.
- ➤ A reduction in the level of people held in custody rather than a health based place of safety under a section 136 from 14-19% in 2013/14 to 5 6% in 14/15.

Link to the more detailed, latest update 10.

Case study – what has the Board done better together? By prioritising emotional well-being and mental health, the Board has been a key driver and facilitator of raising the profile of mental health in Surrey.

One way we have worked better together has been to improve outcomes for those who need support at times of crisis as result of mental health problems.

Under section 136 of the Mental Health act, the police have the power to take someone to a place of safety if they have reason to believe a person is in need of care because of mental illness. This place of safety can be either a hospital or police custody cell.

The Health and Wellbeing Board, through collaborations between the North East Hampshire and Farnham Clinical Commissioning Group and Surrey Police, have been able to reduce the number of people who were taken to a police custody cell in such cases.

This is now just 5% of instances when a section 136 assessment is required, where in previous years it had been between 14% and 19%. This was achieved by:

- Situating Surrey and Borders Partnership NHS Foundation Trust staff within the police control room environment to allow better information sharing and decision making.
- An increase in the number of beds available for section 136 assessments at Ashford and St Peters Hospital NHS Foundation Trust.

Improved and updated protocols between South East Coast Ambulance Service, Surrey Police & Surrey and Borders Partnership NHS Foundation Trust

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Improving older adults' health and wellbeing

Summary (from the Health & Wellbeing Strategy)

More people in Surrey are living longer. This is great news, but there are also some challenges. The growing number of older people in Surrey will have a major impact, as older people are more likely to experience disability and long-term conditions. Part of the challenge will be to make sure that the right services are in place so that older people can remain independent for as long as possible. The number of people over 85 years old is predicted to increase significantly. People over the age of 85 often need more support from health and social care services. They are also at greatest risk of isolation and of poor, inadequately heated housing, both of which can impact on health and wellbeing.

we get this right we hope to see the following outcomes:

- Older adults will stay healthier and independent for longer
- ✓ Older adults will have a good experience of care and support
- ✓ More older adults with dementia will have access to care and support
- ✓ Older adults will experience hospital admission only when needed and will be supported to return home as soon as possible
- ✓ Older carers will be supported to live a fulfilling life outside caring.

What has been done?

The Board agreed an action plan linked to the identified outcomes.

The implementation of this action plan is being led by the NW Surrey CCG and Surrey County Council.

In June 2015 the Board meeting it was agreed that this action plan is due a refresh and progress will be presented to the Board in September 2015.

Highlights of the progress that has been made?

- £71.4m of existing health and social care budgets have been pooled to make it easier to get the right care and support, known as the Better Care Fund.
- ➤ NE Hampshire and Farnham CCG was chosen as one of 29 NHS vanguard sites for the New Models of Care Programme, supporting the improvement and integration of health services.
- ➤ The Dementia Friendly Surrey campaign launched (see case study)

Link to the more detailed, latest update 11.

Case study – what has the Board done better together?

The Dementia Friendly Surrey campaign began as a partnership between the County Council and Clinical Commissioning Groups (CCGs), and supports communities to work towards a more dementia-friendly future.

It does this in a number of different ways, including:

- 125 Dementia Friendly Champions including Councillors, Surrey Fire and Rescue Service, Surrey Library service, Trading Standards, care homes, district and borough councils, dental practices, small businesses.
- A recognition symbol has been developed for those businesses and organisations wishing to identify themselves as dementiafriendly.
- Dementia Friendly Surrey
- ➤ 14 projects across Surrey were awarded up to £5000 each to deliver dementia-friendly projects as part of the Innovation Fund.
- The campaign was launched in September 2013 using a variety of mediums to reach people, including: magazine advertorials; social media; local radio; bus and train panel advertising; local events; and distribution of over 70,000 myth busting flyers to key public places such as libraries and GP practices.

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 $^{^{11} \}underline{\text{http://mycouncil.surreycc.gov.uk/ieListDocuments.aspx?CId=328\&MId=3602\&Ver=4}}$

Safeguarding the population

Summary (from the Health & Wellbeing Strategy)

Living a life that is free from harm and abuse is a fundamental right of every person and everyone has a responsibility for safeguarding children and adults. Any individual can be hurt, put at risk of harm or abuse regardless of their age, gender, religion or ethnicity. When abuse does take place, it needs to be dealt with swiftly, effectively and in ways that are proportionate to the issues, with the individual's views at the heart of the process.

Protecting this right means that people can grow up and live safely, and live a that makes the most of their opportunities.

If we get this right we hope to see the following outcomes:

- ✓ People (people means all people children and adults) whose circumstances make them vulnerable will be safeguarded and protected from avoidable harm
- ✓ People will receive care in hospital that always promotes their health and wellbeing
- ✓ People who use services will feel safe
- ✓ Fewer people will experience domestic abuse and repeat incidents of domestic abuse.

What has been done?

This priority is implemented differently to the other four priorities of the Health and Wellbeing Strategy. There are three distinct areas of focus:

- Children
- Adults
- Domestic Abuse

These are the responsibility of separate boards:

- > The Surrey Safeguarding Adults Board
- > The Surrey Safeguarding Children Board
- > The Community and Public Safety Board

The Surrey Health and Wellbeing Board supports the delivery of the work programmes of each board and they present their annual reports to the Board annually.

Highlights of the progress that has been made?

The Health and Wellbeing Board has an agreed working protocol with both the Surrey Safeguarding Children Board and the Surrey Safeguarding Adults Board.

Link to the more detailed, latest update¹².

Case study – what has the Board done better together?

A workshop was held in May 2014 to highlight some of the key areas where the Health and Wellbeing Board could support the SSAB and SSCB.

Areas identified were domestic abuse and GP attendance at Child Protection conferences. A number of actions were agreed that will see improvements being made in information sharing, and the early identification of children and adults at risk of experiencing domestic abuse.

In order to support better GP attendance, the CCGs have worked with Children's Services and the number of reports provided for Child Protection conferences rose to 48% from 20% in 2012/13.

The impact of the work with the CCGs and Public Health has also seen a significant increase in the attendance and engagement by the School Nursing Service at Child Protection conferences.

Page 13 of 13

¹² http://mycouncil.surreycc.gov.uk/ieListDocuments.aspx?CId=328&MId=3600&Ver=4

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